

DANCE CRITERIA / TECHNIQUE

TUCK JUMP
 Expectation: Thighs horizontal, knees bent to 90°
 • Insufficient tuck (thighs up to 44° below horizontal) - up to .20
 • Thighs >44° below horizontal - credit as stretched jump with abstract leg position

CAT LEAP
 Expectation: Thighs horizontal, 90° hip angle, knees bent, legs turned out alternated leg lift
 • Thighs up to 44° below horizontal - up to .10 ea
 • Incorrect leg position (lack of knee bend) - up to .20

WOLF JUMP
 Expectation: Thighs horizontal, one knee bent to 90°
 • Thighs up to 44° below horizontal - up to .10 each
 • Thighs >44° below horizontal - credit as stretched jump

STRADDLE PIKE JUMP
 Expectation: Thighs horizontal, 135° split, legs slightly forward with hips piked
 • Thighs up to 44° below horizontal - up to .20
 • Split missing up to 44° - up to .20
 • Thighs >44° below horizontal or split <91° - credit as different element

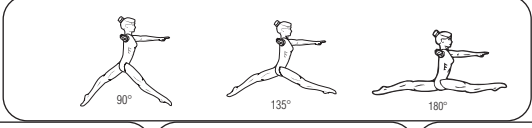
SIDE SPLIT (straddle) JUMP
 Expectation: 135° or 180° split required
 • Split missing up to 44° - up to .20
 • Split less than 91° - credit as different element

PIKE JUMP
 Expectation: 90° closure, legs straight
 • Closure 91° - 134° - up to .20
 • Closure >134° - credit as stretched jump

SPLIT / STAG SPLIT / SISSONE / TOUR JETE
 Expectation: 135° or 180° split required
 • Split missing up to 44° - up to .20
 • Split less than 91° - credit as different element

RING LEAP or JUMP / SHEEP JUMP
 Expectation: Head release backward past vertical line, foot at waist or head height required
 • No head release - credit as different element
 • Waist height required - up to .20 if at least hip height
 • Head height required - up to .20 if at least shoulder height
 • Front leg should be a minimum of 45° - up to .10

SWITCH LEG LEAPS
 Expectation: 135° or 180° split required after switch, straight leg swing before switch to at least 45°
 • Leg swing below 45° - up to .10
 • if stag prior to first split - up to .20
 • Split missing up to 44° - up to .20
 • Split less than 91° - credit as different element



Tuck, Cat, Wolf, Straddle Pike, Hitchkick
 • horizontal expected
 If up to 44° below horiz, - deduct up to 0.20
 If > 44° below horizontal, - credit different element
 horizontal
 45° below horiz

Pike Jump
 • 90° closure expected
 If 91°-134° closure, - deduct up to 0.20
 If > 134°, - credit as stretched jump
 90°
 135°

Split Leaps/Jumps
 • 135° or 180° split expected
 180°
 135°
 90°
 If up to 44° is missing, - deduct up to 0.20
 If > 44° is missing, - credit different element

Dance Turns and Leaps/Jumps w/ Twists

Turns are complete when heel drops.
 Twists are complete when feet land.